



**OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD**

**College Readiness Self-Assessment for Students with ASD**

This questionnaire is designed to help you understand the foundational sets of skills, abilities, and practices associated with readiness for college. The scores obtained are intended to provide you with an opportunity for reflection and promote discussion with your parent(s)/guardian(s), teacher(s), and/or guidance counsellor.

**Directions:** For each of the foundational areas, you will find five questions. If you answer “yes” to the question, mark the box next to it with a check (✓). Count up the number of checks in each section and record the number on the line next to the Skills Total.

<b>Self-Understanding</b>	<b>YES</b>
1. Can you define and describe your diagnosis of ASD?	
2. Have you read your educational testing results?	
3. Do you know your academic strengths?	
4. Do you know which academic tasks give you the most difficulty?	
5. Can you identify the academic supports you need to be successful?	
<b>Total from this section</b>	

<b>Self-Advocacy</b>	<b>YES</b>
1. Do you know your legal rights as a student with special needs?	
2. When you have difficulties, do you ask for help?	
3. Do you know how to access your high school records?	
4. When you have a problem do you know what to do?	
5. If an instructor refused to provide an accommodation, would you file a complaint?	
<b>Total from this section</b>	

<b>Independence</b>	<b>YES</b>
1. Are you able to take public transportation?	
2. Do you do your own banking?	
3. Are you able to use technology to support your learning?	
4. Do you schedule you own appointments with doctors and dentists?	
5. Are you able to approach people and introduce yourself?	
<b>Total from this section</b>	

<b>Executive Function</b>	<b>YES</b>
1. Do you have a system for keeping track of your projects, books and papers?	
2. Do you have a system for scheduling and managing your time?	
3. Are you able to ignore difficulties and focus on a task?	
4. Are you able to complete all the steps of a project in a timely manner?	
5. Do you have a strategy for completing tasks that you find boring?	
<b>Total from this section</b>	



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<b>Social and Emotional</b>	<b>YES</b>
1. Is there an academic subject or program that you find interesting?	
2. Do you have a goal for your first year in college?	
3. Do you have a way to deal with stress?	
4. Is there someone you can talk to when you have a problem?	
5. Do you believe you can succeed?	
<b>Total from this section</b>	

**Skills Total:** Total number of questions marked “yes” = \_\_\_\_\_

**Understanding the Results**

The results of this questionnaire are intended to help students understand where they have strengths and where they may still struggle. Once areas of challenge are identified, next steps might include a plan to address appropriate strategies and skill development.

The higher the score the more likely it is that a student is ready for college. Scoring below 50 percent suggests a student may not yet be ready for college.